



**All India Institute of Medical Sciences, Rajkot, Gujarat**

**Department of Microbiology**

**Activity Report – Global Handwashing Day**

**15 October, 2022**



The Infection Control Unit, Department of Microbiology, All India Institute of Medical Sciences Rajkot, Gujarat celebrated “Global Hand Washing Day” on 15th October 2022 at their OPD Campus, Khandheri.

The theme for Global Hand Washing Day 2022 is “Unite for Universal Hand Hygiene” It is time to accelerate hand hygiene progress, and thus it requires a collective effort to enact real change. Joint action and collaboration are essential for successful and sustainable hand hygiene strategies. This year’s theme calls for governments, donors, businesses, institutions, researchers, and advocates to unite in action to achieve the goal of hand hygiene for all. Global Handwashing Day (GHD) is a global advocacy day dedicated to increasing awareness about the importance of hand hygiene and triggering lasting change from the policy-level to community-driven action

All the Second year MBBS students, Nursing Officers and Laboratory Technicians of the AIIMS Rajkot participated in various events which were organised to spread awareness & knowledge about the importance of hand hygiene.

### **1. Brief overview of Importance of Hand washing by Professor and Head of The Department of Microbiology, Dr Ashwini Agrawal**

The objective was to make the healthcare staff aware about importance of Hand hygiene in OPD healthcare settings and their role in preventing the spread of infections among the patients by just following the simplest, easy and cost-effective method of handwashing with soap and water.





**2. Interactive Session on Hand Hygiene by Dr Mayuri Bhise, Infection control Officer, Assistant Professor, Department of Microbiology**

Sensitization lecture on Hand hygiene methods, WHO 5 moments of Hand hygiene, accurate and correct methods of performing it with all six steps, Disinfectants to be used, additional care to be taken during hand hygiene etc all such topics were covered. Overall, the session was interactive and informative for everyone.



### 3. Documentaries And Videos Promoting Hand Washing Awareness

The participants were shown an audio-visual presentation on “Importance of Hand Hygiene” & steps of hand hygiene were demonstrated.





#### **4. Role play/Skit at OPD Campus for spreading awareness to general public and Healthcare staff**

Students of second professional year performed a skit/role play on hand hygiene for spreading the awareness to the general public and the healthcare worker staff regarding importance of hand hygiene, appropriate steps to perform it and the adverse effects of not adhering to hand hygiene to everyone and to community.



#### **5. Poster Making Competition**

Poster Making Competition was organized for second year students, nursing officers and laboratory technicians of AIIMS Rajkot. All three categories were judged by judge panel of Dr Sanjay Singhal, Dr Mehul Kaliya, Dr Mamta Singh and Dr Garima Upreti.

Winners of all three categories were announced at the end of session and certificates were awarded for the same.

##### **Winners of Poster Making:**

##### **Laboratory Technician**

First	RAVINA PITHADIYA
Second	SONALI DUDHARGARA
Third	DONIKA VAGHASIYA

##### **Nursing Officers**

First	PRAGNA GAMIT
Second	KASHMIRA SOLANKI
Third	MANISHA JAT

##### **MBBS Students**

First	JAYARAJ SINH CHAUHAN
Second	VINIT VEKARIYA
Third	SIDDHARTH PUROHIT











## 6. Other Activities

All participants signed the pledge for hand hygiene and enjoyed a photo booth session. Beautiful Rangolis spreading the message of importance of Hand washing were made by Nursing Officers and Laboratory Technicians









Overall, it was a fun filled, educating, enriching and academic event spreading the awareness of importance of hand washing in today's world of Multi drug resistant organisms.

As per the competency-driven curriculum developed for the MBBS program, Early Clinical Exposure guides student learning by maintaining a focus on patient care. One of the objectives of the curriculum is "first do no harm" " which can be taken care of by creating awareness about the importance of hand hygiene in healthcare settings.

**GLOBAL HAND WASHING DAY 2022,**  
**DEPARTMENT OF MICROBIOLOGY**  
**AIIMS RAJKOT**