



**अखिल भारतीय आयुर्विज्ञान संस्थान, राजकोट, गुजरात**  
**ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RAJKOT, GUJARAT**  
**ACADEMIC SECTION**

AIIMS/RAJKOT/ACAD/2022/352

Date:09.11.2022

**CIRCULAR**

Subject: Commencement of Orientation program and Foundation course for MBBS Batch 2022-2023.

All are informed that the Orientation program and Foundation course for MBBS 2022-23 batch will be conducted in the institute as per the following schedule:

**Orientation Program & Foundation course – 1<sup>st</sup> Year MBBS (2022-23 Batch)**  
**AIIMS, Rajkot**

Venue: Lecture theatres (Tentative) AIIMS Temporary campus & AIIMS Permanent Campus, Khanderi, 09.00 AM to 04.00 PM

Date	Time	Topic	Faculty
21.11.2022 (Monday)	09.30-09.40 AM	Address by Executive Director, AIIMS, Rajkot	Prof. Dr. (Colonel) C.D.S. Katoch (Executive Director)
	09.40-09.55 AM	Talk by Incharge Dean (Academics) for MBBS Course	Dr. Vivek Kumar Sharma Incharge Dean (Academics)
	09.55- 10.05 AM	Talk by Incharge Dean (Examination)	Dr. Sanjay Gupta Incharge Dean (Examination)
	10.05 -10.10 AM	Talk by Incharge (Research Cell)	Dr. Deepak Parchwani Incharge (Research Cell)
	10.10-10.15 AM	Orientation to Hostel facilities	Provosts & Assistant Provosts
	10.15-10.20 AM	Talk by Chairman Anti Ragging Committee	Dr. Vivek Kumar Sharma
	10.20-10.25AM	Introduction to Student Welfare Committees	Dr. Bhavesh Modi Dr. Sanjay Gupta
	10.25-10.30 AM	Student Wellness Activities in the institute	Dr. Simmi Mehra Dr. Gayatri Bhatia
	10.30-11.00 AM	Orientation by HoD Anatomy, Physiology, & Biochemistry with introduction of the subjects in 1 <sup>st</sup> Year MBBS	Dr. Vivek Kumar Sharma Dr. Simmi Mehra Dr. Deepak Parchwani
	11.00-11.35 AM	Orientation by HoD/Incharge CFM, Microbiology, FMT, Pharmacology, and Pathology	Dr. Bhavesh Modi Dr. Ashwini Aggarwal Dr. Sanjay Gupta Dr. Rima Shah Dr. Garima Anandani
11.35-1.00 PM	Ice-breaking session: Interactive Session of Faculty, and students	All Faculty, Students, and Parents	

Temporary Campus: Opposite PMSSY block, PDU Medical College, Civil Hospital, Rajkot, Gujarat, 360001

Permanent Campus: Village Khandheri, Tehsil- Paddhari, District-Rajkot, 360110

Website: <https://aiimsrajkot.edu.in/>



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	1.00-2.00 PM	<b>Lunch</b>	
	2.00-3.00 PM	Orientation to Central Library	Dr. Rohin Garg Dr. Mamta Singh Dr. Suman Bodat Dr. Shubha Singhal
	3.00-4.00 PM	COVID-19 Related Precautions	Dr. Mehul Kaliya Dr. Amit Sonagra Dr. Pinky Meena
<b>22.11.2022</b> <b>(Tuesday)</b>	9.00-10.00 AM	Professional Qualities of Physician & role of IMG	Dr. Simmi Mehra Dr. Deepak Parchwani
	10.00- 11.00 AM	Medical Ethics and Professionalism: Role of a Doctor	Dr. Sanjay Gupta Dr. Pradip Chauhan
	11.00-1.00 PM	<b>Book Exhibition</b>	
	1.00-2.00 PM	<b>Lunch</b>	
	2.00-3.00 PM	Soft skills, Relationships, types, ways to improve	Dr. Sagar Dholariya Dr. Suman Bodat
	3.00-4.00 PM	Time Management & Goal Setting Keeping yourself motivated all time	Dr. Ashwini Agarwal Dr. Tarang Patel
<b>23.11.2022</b> <b>(Wednesday)</b>	9.00-10.00 AM	Meditation and Mindfulness	Dr. Vivek Kumar Sharma Dr. Pradip Barde
	10.00-11.00AM	Learning Medicine through Innovative and Unconventional methods	Dr. Rajesh Kathrotia Dr. Gaurav Sharma
	11.00-12.00 PM	Social Support System	Dr. Bhavesh Modi Dr. Bhautik Modi
	12.00-01.00 PM	Divisions in batches and Early Clinical Exposure	Dr. Sanjay Singhal Dr. Yashdeep Pathania Dr. Abhilasha Motghare
	2.00-4.00 PM	Clinical orientation of OPD and hospital services	Dr. Sanjay Singhal Dr. Yashdeep Pathania Dr. Abhilasha Motghare
<b>24.11.2022</b> <b>(Thursday)</b>	9.00-10.00 AM	Physical fitness and sports as recreational activity	Dr. Naresh Parmar Dr. Kunal Deokar Dr. Mayuri Bhise
	10.00-01.00 PM	Basic Life Support workshop (Mandatory for All Medical Students)	Dr. Abhilasha Motghare Dr. Vinay Chitturi Dr. Pradip Barde Dr. Rajesh Kathrotia
	01.00-02.00 PM	<b>Lunch</b>	
	02.00-03.00 PM	Emotional Regulation, EQ & Resilience	Dr. Gayatri Bhatia Dr. Anita Motiani
	3.00-4.00 PM	Biomedical Waste Management and preventing Biomedical hazards in labs and hospital	Dr. Ashwini Agrawal Dr. Gyanendra Singh
<b>25.11.2022</b> <b>(Friday)</b>	9.00-10.00 AM	Introduction to Yoga	Dr. Vivek Kumar Sharma Dr. Pradip Barde
	10.00-11.00AM	Role of effective Communication skills in Medical Field	Dr. Simmi Mehra Dr. Shubha Singhal

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	11.00 AM-12.00 PM	Adaptation to the new environment: Campus & Hostel life and how to cope with Adjustment Stress	Provosts & Assistant Provosts
	12.00-1.00 PM	How to perform well & excel in medical college?	Dr. Siddharth Dutta Dr. Garima Anandani
	1.00-2.00 PM	<b>Lunch</b>	
	2.00-3.00 PM	Medical students as part of the health system	Dr. Bhavesh Modi Dr. Rima Shah
	3.00-4.00 PM	Health system and Public Health	Dr. Krupal Joshi Dr. Anjali Modi
26.11.2022 (Saturday)	9.00-10.00 AM	Medical Literature Search: Make the most use in Medicine	Dr. Rohin Garg Dr. Ragini Singh
	10.00-11.00AM	Introduction to Information Technology and its use in Medicine. Effective use of mobile phones, internet and gadgets in learning	Dr. Vinay Chitturi Dr. Anil Chaudhary
	11.00-1.00 PM	First Aid and dealing with common ailments in and out of the campus	Dr. Sundip Charmode Dr. Garima Upreti
	1.00-2.00 PM	<b>Lunch</b>	
	2.00-3.00 PM	Mentoring Programme: Importance of a healthy mentor-mentee relationship	Dr. Mamta Singh Dr. Anita Motiani
	3.00-4.00 PM	Humanities for Medical Doctor- Learning empathy	Dr. Sanjay Gupta Dr. Gayatri Bhatia
28.11.2022 (Monday)		Regular Classes by 1 <sup>st</sup> MBBS Departments	

Dr. Vivek Kumar Sharma  
I/C Dean Academics  
AIIMS, Rajkot

संकायाध्यक्ष शैक्षणिक  
I/C DEAN ACADEMICS  
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