



All India Institute of Medical Sciences, Rajkot

Department of Pediatrics & Adolescent Medicine

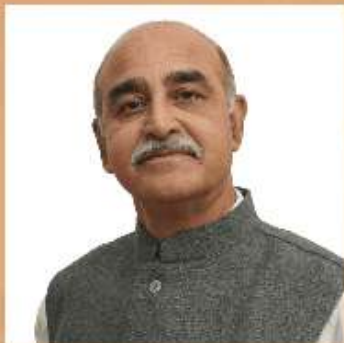


Cordially Inviting all faculty, Residents & students to spare time and grace the event

World Obesity Day Celebration

Theme: Changing Perspectives-Let's talk about Obesity

4th March 2023- 07:00-08:00 am (Walkathon)



Chief Guest
(Prof.) COL.CDS Katoch
Executive Director
AIIMS Rajkot

Organizing Department:
Department of Pediatrics &
Adolescent Medicine



Deputy Director
(Administration)
Col. Puneet Kumar Arora

All India Institute of Medical Sciences, Rajkot

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About the event:

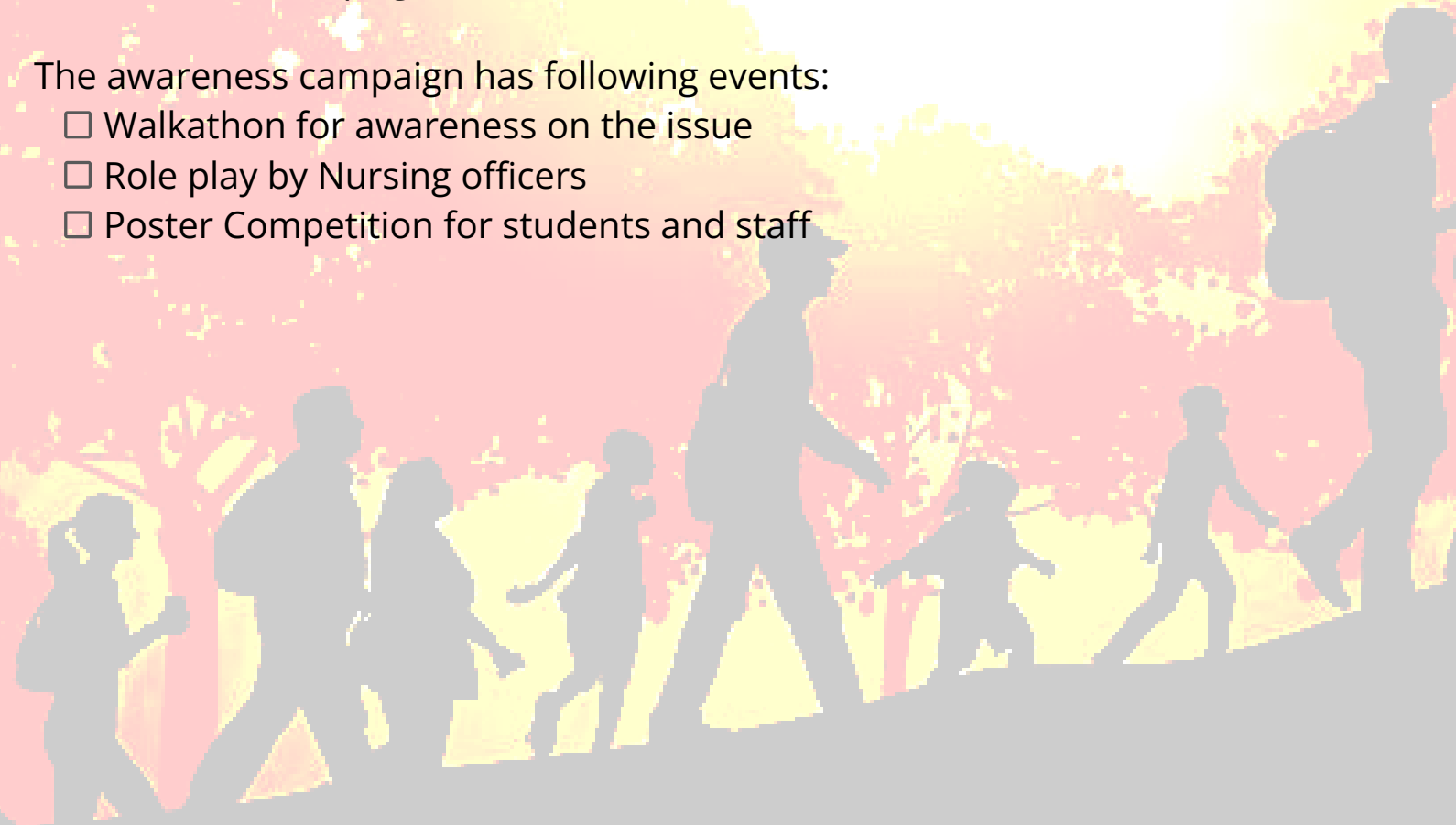
March 4th is observed as *World Obesity Day*.

Obesity is on the rise globally, with 1 billion people predicted to be living with the disease by 2030. More than 14.4 million children are obese in India, the second-highest rate globally, behind China. Despite the scale of this epidemic, efforts to address it are challenging due to misconceptions about obesity and the role it plays in a person's health. Discrepancies in how it is perceived has led to isolation, misunderstanding, and inconsistency in how obesity is understood and acted upon by individuals and institutions. The theme for this year is '*Obesity: changing perspectives, let's talk about obesity*' encouraging all stakeholders to promote vigilance and advocacy about the issue.

The Department of Pediatrics & Adolescent Medicine invites all faculty members, resident doctors, nursing staff, technicians, allied staff and students to participate in the awareness campaign on 4th March 2023.

The awareness campaign has following events:

- Walkathon for awareness on the issue
- Role play by Nursing officers
- Poster Competition for students and staff

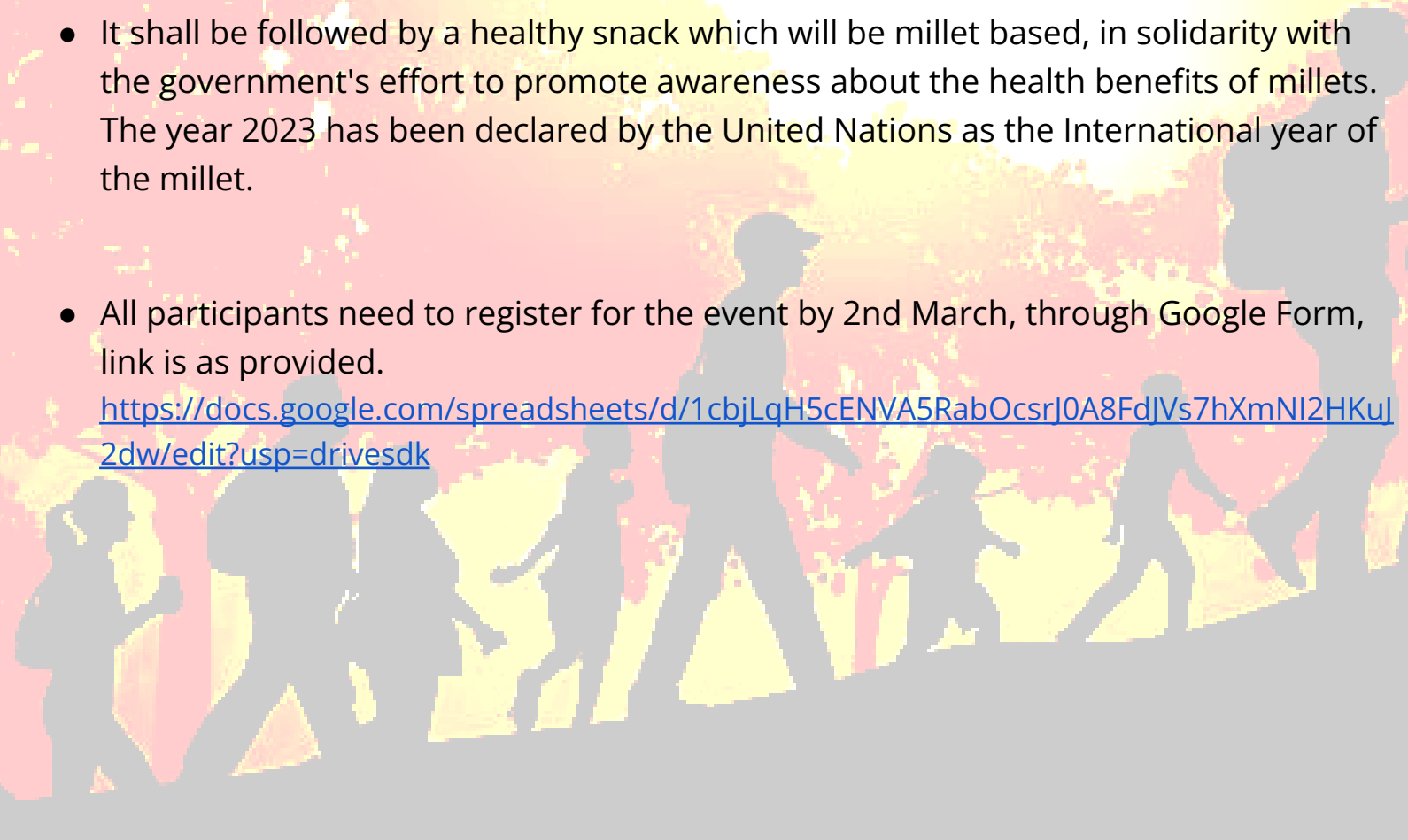


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WALKATHON

- Walkathon to promote awareness about the health issues of obesity shall be held on 4th March 2023 (Saturday), **time - 7:00 am to 8:00 am**. This event shall be graced by the presence of respected Deputy director (Administration) Col. Puneet Arora.
- All faculty members, Resident Doctors, Nursing and allied staff and students of AIIMS Rajkot are invited for active participation in the event.
- Venue: Aiims Rajkot, Permanent campus Khanderi Village. It shall commence from Amrit Sarovar, Aiims Khanderi campus and proceed till Dining hall and back to OPD where a *nukkad natak* for shall be performed by the nursing staff.
- It shall be followed by a healthy snack which will be millet based, in solidarity with the government's effort to promote awareness about the health benefits of millets. The year 2023 has been declared by the United Nations as the International year of the millet.
- All participants need to register for the event by 2nd March, through Google Form, link is as provided.
<https://docs.google.com/spreadsheets/d/1cbjLqH5cENVA5RabOcsrj0A8FdjVs7hXmNI2HKUj2dw/edit?usp=drivesdk>



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Poster & Slogan Writing Competition:

Eligibility:

- The contest is open to all undergraduate students, Nursing Officers and Technicians of AIIMS Rajkot.
- Last date of Poster/Chart Submission: 3rd March 2023, Time: 2-4 pm.

Instructions For Participation:

- Each participant can submit only one poster/one slogan Chart.
- It should be an original handmade poster/chart
- The size of the poster should be of standard chart paper size (70x56cm).
- Participants must use their own paper, drawing material, colouring material etc.
- The language of the poster must be Hindi (preferred), Gujarati or English.
- Poster/slogan should not contain any personal details like name, designation etc. of the participants. the following details must be mentioned on the backside of the poster
the poster by each participant: Name, MBBS year and Roll no. (if student); Name , designation & department (if, nursing officers and technicians)

Assessment Criteria:

Assessment will be by a committee of senior faculty based on:

- Relevance to the theme
- Originality
- Artistic composition & Creativity
- Content
- Clarity and Visual Appeal
- In accordance with the given instructions

Venue: Reception Area, OPD Campus, Khandheri, AIIMS Rajkot.

Date Of Result Announcement: 4th March 2023

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Event Organizers: Department of Pediatrics & Adolescent Medicine, AIIMS Rajkot

Dr. Sachin Singh, Associate Professor, Department of Pediatrics & Adolescent Medicine, AIIMS Rajkot

Dr. Pinky Meena, Assistant Professor, Department of Pediatrics & Adolescent Medicine, AIIMS Rajkot

Event Coordinators

**Nursing Officers: Department of Pediatrics & Adolescent Medicine
AIIMS Rajkot**

