

अखिल भारतीय आयुर्विज्ञान संस्थान राजकोट, गुजरात 360001

All India Institute of Medical Sciences, Rajkot, Gujarat 360001

A Central Autonomous Body under PMSSY, MoH&FW



Government of India www.aiimsrajkot.edu.in

AIIMS/Rajkot/Admin/OM/2023-24/2039

Date: 20/06/2023

OM of 1452023

Subject: 9th International Day of Yoga Celebration in AIIMS Rajkot - reg.

- 1. On the occasion of 9th International Day of Yoga (IDY 2023) on 21st June, 2023, celebration will take place at the Permanent Campus of AHMS Rajkot at 6.30 AM. All Faculty, Staff and Students shall make it convenient to attend the celebration.
- 2. Prof. Dr. (Col) C.D.S. Katoch, Executive Director, AIIMS Rajkot & Dr. (Mrs.) Shashi Katoch has consented to be Chief Guest & Guest of honour respectively for this celebration.
- 3. The Dress code will be Loose fitting /comfortable clothes.
- 4. Attendance is compulsory for all Faculty, Staff & Students.
- Venue: Permanent Campus (Ground-opposite Night Shelter (OPD) Main Parking), Village: Khandheri, AIIMS Rajkot.
- 6. Schedule of event:

S. No.	Activity	Time
a.	Escort & Welcome of the Chief Guest Dr. (Col) CDS Katoch, Executive Director AllMS Rajkot & Guest of Honor Dr. (Mrs) Shashi Katoch.	7.00 am
b.	Opening remarks by Master of Ceremony (MOC)	7.01 am
c.	Chanting of Shloka and paying respects to Goddess Saraswati	7.02 am
d.	Introduction by Dr Vivek Kumar Sharma	7.07 am
e.	Introduction by Dr Pradeep Barde (of Dr Gaurang Vyas and his team)	7.09 am
f.	Yoga session by Dr Gaurang Vyas and team	7.10 to 7.55 am
g. ·	Meditation session by Mrs Karishma Sharma	7.55 am
h.	Address by DDA Col Puneet Arora	8.00am
i.	Address by ED	8.05 am
j.	Presenting of Memento to Dr Gaurang Vyas Sir	8.10 am
k.	Thank you note by SWCA team	8.12 am
l.	National Anthem	8.14 am
m.	Refreshments	8.15 am onwards

7. This issues with the approval of the Competent Authority.

Col. Puneet Kumar Arora Deputy Director (Admin)

कर्नेल पुनीत कुमार अरोरा, Col. Puneet Kumar Arora, निदेशक (प्रसा.)/Dy. Director (Admin), एम्स राजकोट - ३६० ००१. गुजरात.

To:

- 1. The HoD's/Faculty with a request to communicate accordingly in their departments? 001. Gujarat.
- 2. The Provost, Girls Hostel & Boys Hostel for necessary co-ordination.
- 3. The HR, Manager, M/S MJ Solanki to ensure housekeeping, security and attendance of staff.
- 4. Cultural Committee to make work arrangements & DMS to provide all necessary help.
- In-Charge IT Cell for uploading the same on the AIIMS Website and circulation to all staff members through E-mail.